





## MLK PLAY DAYS @ YMCA

The Durham YMCAs invite McDougald Terrace families to use any of the four YMCAs anytime from January 20 to 22. Transportation to and from these sites to hotels is NOT provided.

## **LOCATIONS**

- \*Downtown Durham YMCA 218 W. Morgan Street Hours: 5:30am-10pm, (919) 667-9622
- \*Hope Valley Farms YMCA 4818 S. Roxboro Street Hours: 5:30am-8pm, (919) 401-9621
- \*Lakewood YMCA 2119 Chapel Hill Road Hours: 6am-8pm, (919) 401-9622
- \*YMCA at American Tobacco 410 Blackwell Street Hours: 5:30am-8pm, (919) 956-9602

Check in at the welcome center and sign a guest waiver. Youth ages 14+ can use the YMCA without adult supervision. Ages 13 and under require adult supervision. Schedules for group exercise classes, gym activities and swimming are at <a href="https://www.ymcatriangle.org">www.ymcatriangle.org</a>.

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